



What To Bring

- Several changes of clothes for all types of weather (we suggest leaving anything at home that you wouldn't want stained or ripped)
- Make sure you include long pants!
- Clothes that can be ruined
- Extra shoes
- Hiking shoes, if you have them
- **Bible**
- **2 Water Bottles**
- **A Backpack for Backpacking, separate from what you bring your other things in** (you will be using this all week to carry your things in)
- Rain jacket
- Sweatshirt
- Toiletries
- **Flashlight or headlamp**
- **Mummy bag rated for +30 degrees F**
- **Sleeping pad**
- Bag for filthy clothes
- Pillow (optional)
- Modest swimsuit, towel
- Money for the snack shack
- Forms (all of these can be downloaded at <http://www.campjonah.com/forms>):
  - Zoller's Rafting Waiver
  - Activities Waiver
  - Camper Medication Form
  - Paintball Waiver

Dear Camper,

I hope you are ready for the most extreme week of your life! When you arrive at Survivor: Basic Training camp you will be split into tribes and spend the week learning skills not only to help you in completing challenges to earn rewards as a team, but also to help you navigate your way through life. All the tribes will come together in Tribal Council; but don't worry, no one will be voted off the Island.

I Corinthians 9:24-27 says, "Don't you realize that in a race everyone runs, but only one person gets the prize? So run to win! All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize. So I run with purpose in every step. I am not just shadowboxing. I discipline my body like an athlete, training it to do what it should. Otherwise, I fear that after preaching to others I myself might be disqualified for the prize."

Come with us and discover a whole new realm of adventure camping as we bask in the beauty of God's creation and race to survive the eternal battle that is all around us. When you get to Jonah Ministries for camp, expect the unexpected, be ready to experience an unforgettable adventure, and by the time you leave camp you will discover whether or not you have what it takes to be a SURVIVOR.

Survivor Basics:

- Registration starts on Sunday, July 24, at 3 pm
- Camp starts at 4pm directly following registration
- Last chapel with slide show and re-cap (all family invited) at 2 pm on Friday, July 29
- Good-bye at 3 pm on Friday, July 29

Can't wait to see you at camp!

Please leave your pets, electronics (including cell phones, iPods, etc.) and weapons (you can bring one small pocket knife) at home.

Helpful Hints:

- Items in red can be borrowed from Jonah if requested in advance
- Label all your belongings
- Check the list – and check it twice!

