



Hey Everyone!

If you've looked at the calendar lately, you've probably noticed that summer is coming up quickly, and that means camp is too! I am SO excited about Adventure Camp this summer, and I am very excited to let you know a little bit about some of the things that will be happening at camp this year.

Let me just start by saying Adventure Camp is going to be awesome. We will be doing some really cool things during this week that will stretch you beyond your comfort zone like white water rafting, hiking, and caving, to name only a few. In addition you will have the opportunity to paintball this year (for High School), as well as try out the new, more difficult elements on the high ropes course! These activities will be challenging, but also fun and rewarding if you give them your best effort. And for you veteran Adventure Campers, don't expect everything to be the same this year!

We have chosen to call this camp "the Challenge" which refers not only to the physically and mentally demanding activities we will overcome, but it also refers to the challenge we will receive from the Word of God throughout the week. The focus of this week will be on challenging you to live your life for Christ, and we will refer often to the verse 2 Timothy 2:22 "So flee youthful passions and pursue righteousness, faith, love, and peace, along with those who call on the Lord from a pure heart." You don't have to wait for camp to start to live the challenge, so I encourage you to familiarize yourself with 2 Timothy 2:22 before camp even starts, and think about how you can make this verse true in your life.

When you arrive at camp at 3:00 PM on Sunday come expecting to have the adventure of a lifetime, and expect to learn more about Jesus and the relationship we can have with him. I am looking forward to having you join me for the Challenge!

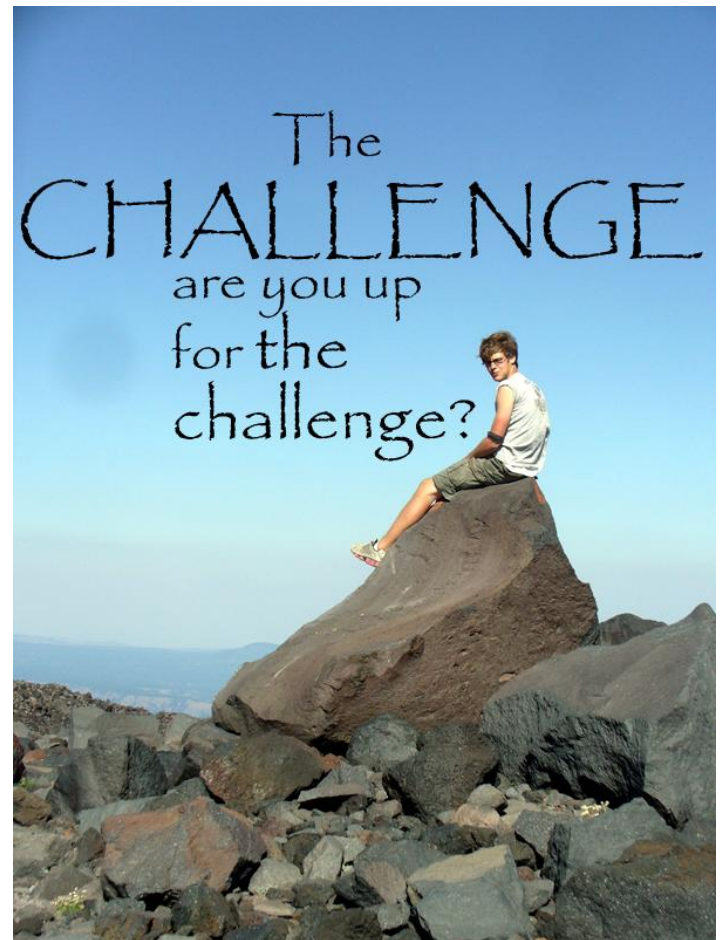
In Christ,

Kevin Foth (Shamgar)

Things to Bring

In order to get the most out of camp you should bring everything on this list, if you have them. The items that are bolded can be borrowed from Jonah Ministries, but we have a very limited supply. We recommend you take a look at this list a couple weeks before camp and make sure that you have everything on the list, and check it several times while packing to make sure that you haven't forgotten anything. And don't forget to label everything that belongs to you!

- Several changes of clothes for all types of weather (we suggest leaving anything at home that you wouldn't want stained or ripped)
 - Make sure you include long pants!
- Clothes that can be ruined
- Extra shoes
- Hiking shoes, if you have them
- **Bible**
- **Water Bottle**
- **A Backpack for Backpacking, separate from what you bring your other things in** (you will be using this for a lot of the week to carry some of your things in)
- Rain jacket
- Sweat shirt
- Toiletries
- **Flashlight or headlamp**
- **Mummy bag rated for +30 degrees F**
- **Sleeping pad**
- Bag for filthy clothes
- Pillow
- Modest swimsuit and towel
- Money for the snack shack
- Forms (all of these can be downloaded at **<http://www.campjonah.com/forms>**):
 - Zoller's Rafting Waiver
 - Activities Waiver
 - Camper Medication Form
 - Paintball Waiver (High School Only)



Please leave your pets, electronics (including cell phones, iPods, etc.) and weapons (you can bring one small pocket knife) at home. You cannot bring any of these items unless you have a legitimate reason to bring them that is cleared by the camp coordinator before camp.

Meet the Adventure Team

Kevin Foth, co-director
Some facts about Kevin:

Camp Name	Shangar
Favorite Sandwich	PBJs
Shoe Size	11.5
Favorite Bible Verse	Isaiah 6:8, Philippians 1:21
Favorite Book of the Bible	One of the Gospels
Hometown	Everett, WA
Favorite Hobby	Hiking
Dream Job	Youth Pastor



Josh Bresler, co-director
Some facts about Josh:

Camp Name	J
Favorite Sandwich	Grinders From Acropolis Pizza and Pasta
Shoe Size	13
Favorite Bible Verse	James Chapter one or Philippians Chapter 2
Favorite Book of the Bible	James
Hometown	Duvall, WA
Favorite Hobby	Hiking
Dream Job	Youth Pastor



Kip McCormick, Speaker
Some facts about Kip:

Camp Name	Kip
Favorite Sandwich	Italian fully loaded, extra horseradish sauce, Quiznos
Shoe Size	11 if I clip my toenails
Favorite Bible Verse	Luke 12:48
Favorite Book of the Bible	John
Hometown	Blue Springs, MO
Favorite Hobby	Snow Skiing
Dream Job	I'm doing it now -- Youth Guy and Pastor





Here's some exciting news: Leslie Reavely is our camp missionary this year! She, along with her younger sister Lauren, started a nonprofit organization called Hope2Others (H2O) four years ago. They attended our Missions Camp when they were just 14 and 11 years old and got inspired to reach out to homeless people in their own area, and they've been able to help other kids, teenagers, and churches all over the world to do the same thing!

Hope2Others is a non-profit organization whose mission is for panhandlers and homeless people worldwide to receive hope through H2O bags (lunch bags containing a small non-perishable meal, a water bottle, socks, a rescue meal voucher, and a gospel tract).

We're so excited to have Leslie on staff this summer to help our staff and campers get excited about doing hard things, making an impact on their world, and reaching out to the people around them! We also want to help Leslie and Lauren grow their H2O ministry. That's why...

Campers this summer can choose to participate in this mission in three ways:

*Buy a Bag for \$3.00 and keep it with you to give hope to a homeless person or panhandler you meet.

*Bring some of these brand new supplies for a homeless shelter:

- Bibles (NLT)
- Socks
- New undergarments (men and women)
- Hooded sweatshirts
- Jeans (men)
- Sleeping bags
- Twin blankets
- Backpacks
- Spray deodorant
- Disposable razors
- Toothbrushes
- Toothpaste
- Travel-size toiletries

*Bring money to help support a homeless person through the recovery program. This will cost \$15,000-\$20,000, but every little bit helps! Campers can bring money with them, or they can also choose to leave any leftover snack shack money to help reach this goal.

We can't wait to have you at camp!
-Shamgar, J, Kip, and the Jonah crew